

## Cheezy Broccoli

Raw Vegan Broccoli Salad



### *Recipe & Preparation Tip*

*Cheddar Sauce:*

*Adapted from "Rejuvenate Your Life" by Serene Allison.*

*1/2 large red bell pepper*

*1/4 c water*

*1 c raw cashews, sunflower seeds, and/or almonds (I use a mixture of these and soak them overnight)*

*1 T tahini*

*2 T nutritional yeast*

*1 1/2 teaspoon sea salt*

*2 teaspoons onion powder (or a small slice of onion or 1 tbs or so of green onions)*

*1 clove garlic*

*2 T lemon juice*

*Blend until creamy. Add more water if it is too thick.*

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*Chop 4 cups of organic broccoli and massage it with the Cheddar Sauce (yes, get your hands in there!) You can always double or triple the recipe if you like.*

*You can serve this as a cold salad, or if you'd like to warm it up, then cover it and place it in the oven on 200 degrees for 10 minutes.*